

Variable	Mean	SD	Min	Max
Age	38.5	12.5	18	65
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	2.5	9	16
Income	1500	500	500	3000
Health status	0.5	0.5	0	1
Smoking status	0.5	0.5	0	1
Alcohol consumption	0.5	0.5	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.5	0.5	0	1
Sleep quality	0.5	0.5	0	1
Work satisfaction	0.5	0.5	0	1
Life satisfaction	0.5	0.5	0	1
Overall health	0.5	0.5	0	1
Physical activity	0.5	0.5	0	1
Mental health	0.5	0.5	0	1
Social support	0.5	0.5	0	1
Work-life balance	0.5	0.5	0	1
Financial stability	0.5	0.5	0	1
Family harmony	0.5	0.5	0	1
Personal growth	0.5	0.5	0	1
Community involvement	0.5	0.5	0	1
Environmental awareness	0.5	0.5	0	1
Cultural appreciation	0.5	0.5	0	1
Artistic expression	0.5	0.5	0	1
Volunteer work	0.5	0.5	0	1
Charitable contributions	0.5	0.5	0	1
Philanthropic activities	0.5	0.5	0	1
Leadership roles	0.5	0.5	0	1
Networking opportunities	0.5	0.5	0	1
Professional development	0.5	0.5	0	1
Continuous learning	0.5	0.5	0	1
Adaptability to change	0.5	0.5	0	1
Resilience to stress	0.5	0.5	0	1
Emotional regulation	0.5	0.5	0	1
Conflict resolution skills	0.5	0.5	0	1
Effective communication	0.5	0.5	0	1
Team collaboration	0.5	0.5	0	1
Problem-solving abilities	0.5	0.5	0	1
Decision-making skills	0.5	0.5	0	1
Time management	0.5	0.5	0	1
Organization skills	0.5	0.5	0	1
Attention to detail	0.5	0.5	0	1
Initiative and proactivity	0.5	0.5	0	1
Accountability	0.5	0.5	0	1
Integrity and honesty	0.5	0.5	0	1
Empathy and compassion	0.5	0.5	0	1
Respect for others	0.5	0.5	0	1
Open-mindedness	0.5	0.5	0	1
Critical thinking	0.5	0.5	0	1
Logical reasoning	0.5	0.5	0	1
Analytical skills	0.5	0.5	0	1
Strategic thinking	0.5	0.5	0	1
Goal setting and achievement	0.5	0.5	0	1
Perseverance and persistence	0.5	0.5	0	1
Self-discipline	0.5	0.5	0	1
Time management	0.5	0.5	0	1
Organization skills	0.5	0.5	0	1
Attention to detail	0.5	0.5	0	1
Initiative and proactivity	0.5	0.5	0	1
Accountability	0.5	0.5	0	1
Integrity and honesty	0.5	0.5	0	1
Empathy and compassion	0.5	0.5	0	1
Respect for others	0.5	0.5	0	1
Open-mindedness	0.5	0.5	0	1
Critical thinking	0.5	0.5	0	1
Logical reasoning	0.5	0.5	0	1
Analytical skills	0.5	0.5	0	1
Strategic thinking	0.5	0.5	0	1
Goal setting and achievement	0.5	0.5	0	1
Perseverance and persistence	0.5	0.5	0	1
Self-discipline	0.5	0.5	0	1

A prefabricated underlay material (1) for location between upper surface of a load-bearing floor (8) and a continuous surface material (9), which underlay material comprises a substantially flexible sheet material (2) and dampening projections (3) formed of porous resilient material on one surface of the sheet material and distributed along the surface. Dampening projections (3) comprise strips (13) of foamed polymer or polymer mixture bonded to a first surface (11) of the sheet material without deformation of the surface thereof, which strips are located continuous, or intermittently continuous, with intervals (S) and are either principally straight or substantially undulating.